

EASY HAND TOWEL BIB

The FBC uses these large bibs for children with multiple handicaps. It is extremely difficult to buy bibs this large, so they rely on us to make them.

It is important that they open on the side, since there are sometimes breathing tubes, etc, that will get in the way of over-the-head bibs, or those that open in the back.

You can often get used hand towels at places like Goodwill – color is unimportant. Make sure they are pre-washed.

Supplies:

1 hand towel – pre-washed

Ribbing remnant: cut one RECTANGLE piece 4" X 14" – cut selvage to selvage (stretchy direction)

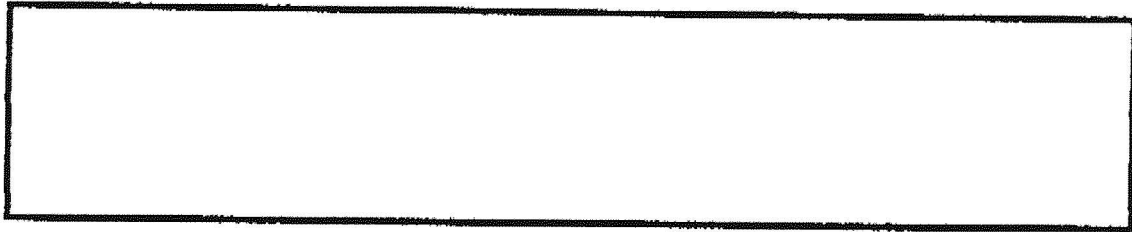
Directions:

1. Fold the hand towel over 1/3. Using the half circle neck hole pattern piece, center it on the fold, pin in place, and cut around it. This will make a circle cutout in the hand towel.
2. At this point, slit along one shoulder seam.
3. SLIT SIDE BIB:
 - a. Fold 14" ribbing piece in half horizontally, *wrong* sides together. (Folded piece is 14" by 2")
 - b. Pin raw edges to *right* side of neck edge, stretching to fit. It is best to divide the ribbing piece into fourths with pins, and then pin each 4th to a shoulder seam, center back, other shoulder seam, center front – then stretch to sew.
 - c. Serge seams, or stitch, trim seams to ¼" and finish with zigzag.
 - d. Serge raw edges. Fold under 5/8", and sew Velcro or snap tape onto each side neck opening.

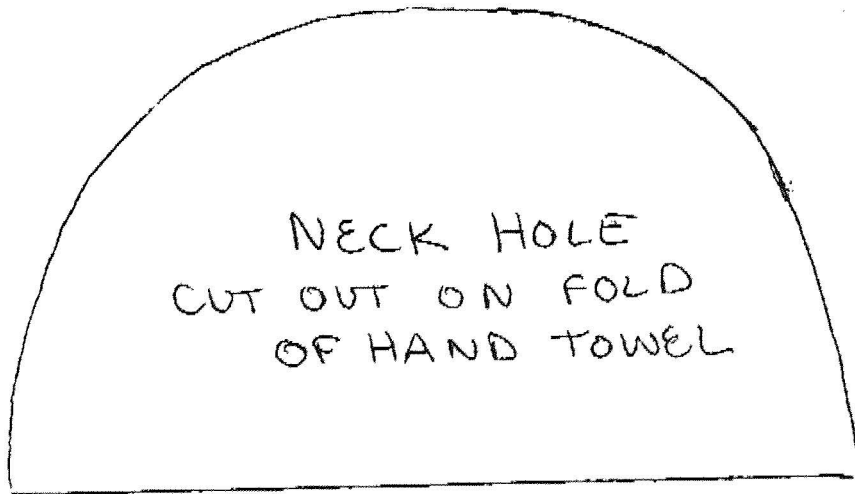
HAND TOWEL BIB

Ribbing - 4" x 14" cut from selvage to selvage (stretchy direction)

4"



14"



NECK HOLE
CUT OUT ON FOLD
OF HAND TOWEL