

## **SLEEPING MAT COVER (22" X 52")**

These mat covers are used by the FBC for the sleeping mats, during classroom naptime. They are made like large pillowcases. The mats themselves are 20" by 49", and the covers are fairly easy to make.

### **Supplies:**

Pre-washed, bright, high-contrast material (primary colors, large prints or black and white). Material should be cotton or cotton blend, sheeting weight. These mat covers are washed DAILY.

Please be sure that you are NOT using anything less than 45" wide fabric. Once washed, this will shrink to JUST wide enough to make a finished mat cover. Anything narrower will shrink too much to fit over the mats.

### **Directions:**

1. With the fabric folded lengthwise (normally), cut a length of 58" of fabric.
2. Place right sides together. Sew 2 long edges and 1 short edge. (This leaves an opening to insert the mat). Serging the edges helps to avoid unraveling.
3. Turn open end under 2" and then 2" again and sew a hem like a pillowcase top.
4. Turn right side out and press.